



MBAISE USA Medical Mission

Date: April 16 - 21, 2012

Locations: Aboh, Ahiazu and Ezinihitte Mbaise

**Volunteer for a mission of love!
Donate towards a mission of life!!**

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MBAISE USA 2012 MEDICAL MISSION

Volunteers:

The 2012 medical mission will need 75 surgeons, dentists, primary care physicians, pharmacists, nurses and nurse practitioners to carry out a surgical mission at Aboh-Mbaise and two medical service exercises currently in Ahiazu- and Ezinihitte-Mbaise. Volunteers are needed.

WISH LIST I

Needed Over-The-Counter Medications And Supplies

OTC SUPPLIES

- Blood pressure machines-aneroid- x 40
- Blood pressure machines- digital x 20
- Glucometer machines and test strips (same brand)- 80
- AIC machines
- Lancets
- Sharp containers –quart sizes-10
- Alcohol swabs/Povidone prep swabs
- Stethoscopes (Walmart, Target)- 20
- Hand sanitizers
- Penlights
- Gloves-small,medium, large and extra large
- Thermometers- 12
- Condoms
- Garbages bags-13oz size

OTC MEDICATIONS

Pain relief

- Extra Strength Acetaminophen/Tylenol 500mg
- Ibuprofen/Advil/Motrin 200mg
- Tylenol Arthritis 650mg
- Aleve/Naproxen 220mg
- Aspirin 81mg/Aspirin 325mg
- Tylenol chewables/Ibuprofen chewables
- Tylenol drops/Ibuprofen drops
- Tylenol susp 160mg/5cc/Ibuprofen susp 100mg/5cc

Gastro Intestinals

- Tums/Antacids
- Imodium tabs and suspension
- Pepto-BisMol tabs and suspension
- Famtidine/Zantac/Omeprazole?prilosec

tabs

- Ala-Selter tabs
- Ducolax/Colca/Senna/stool softeners tabs

Topicals

- Bengay/Aspercreme/Muscle rubs
- Hydrocortisone 1%
- Triple antibiotics/bacitracin
- Clotrimazole/Lamisil/anti fungal creams
- Monistat/Gynelotrimin vag preparations
- Hemorrhoids cream(no suppository)
- Anti-itch creams(Diphehydramine cream)

Vitamins(generic okay)

- Adult vits
- Prenatal vits
- Chidren's chewables
- Vitamins drops-Poly-Vi-Sol drops
- Vit C.VitE.Fish oil tabs etc
- Glucosamine/Choindroitin supplements
- Iron sulphate
- Folic acid

Allergy/Cold

- Sudafed
- Benadryl
- Loratadine/Claritin/Allegra/Zyrtec
- Cold and cough combo tabs
- Cough syrups-generic okay
- Sinus relief tablets

Eyes

- Readers- eyeglasses- 1.25,1.50,1.75,2.00,2.50 and 3.00 strengths x 2000
- I-cap Vitamins pills
- Artificial tears solutions

Miscellaneous

- Coloring books/crayons/pencils/erasers
- Small backpacks
- Toothbrushes/toothpastes
- Small safe toys(no detachable piece)
- Canes,crutches

WISH LIST 2**MEDICATIONS****ANTIBIOTICS**

- Amoxicillin 500mg
- Amoxicillin 250mg
- Cephalexin 500mg
- Cipro 500mg
- Doxycycline 100mg
- Levoflox 500mg
- Septra 800/160mg
- Metronidazole 500mg
- Septra 400/80mg
- Fluconazole 150mg
- Acyclovir 200mg
- Coartem
- Lornart
- Malamed
- Sparfloxacin 200mg
- Mebendazole 100mg
- Albendazole 200mg

ANTIHYPERTENSIVES

- Atenolol 50mg
- HCTZ 25mg
- HCTZ/Triamterene 25/37.5mg
- Amlodipine 10mg
- Losartan 50mg/ACEIs
- Furosemide 40mg
- Metoprolol 50mg
- ASA 81mg

HYPOGLYCEMICS

- Glucophage 850mg
- Glucophage 500mg
- Insulin

GI MEDS

- Calcium Carbonate
- Omeprazole 20mg
- Ranitidine 150mg
- PeptoBismol
- Loperamide/Imodium
- Bisacodyl/Colace/Senna

URI/ALLERGY

- Cetirizine
- Sudafed 60mg
- Benadryl
- Mucinex
- Cough syrups
- Albuterol inhalers

ANALGESICS

- Acetaminophen 500mg
- Acetaminophen 650mg
- Ibuprofen 200mg
- ASA 325mg
- Naproxen 550mg
- Ibuprofen 600mg
- Prednisone 10mg
- Tylenol chewables 80mg
- Tylenol/Ibuprofen syrups
- Ibuprofen chewables
- Tylenol/Ibuprofen drops

VITAMINS

- Ferrous sulphate
- Folic acid
- Adult vits
- Chewables vits
- Prenatal vits
- Vit C

Vitamins drops/elixir
Vit E
I-Cap eye Vits
Fish oil/Omega 3 etc

EYES

Artificial tears

TOPICALS

Hemorrhoid cream
Hydrocort 1%
Clotrimazole/Lamisil/Tolnafate
Neosporin/triple antibiotics
BenGay/Aspercreme
Silvadene cream

SUSPENSIONS

Amox 250mg/5cc
Azithro 200mg/5cc
PenV k125mg/5cc
Septra 200mg/5cc
Nystatin susp

EMERGENCY MEDS

Lidocaine2%
ceftriaxone 250mg injectable
Dexamethasone 4mg
Epinephrine 1:1000
Promethazine
Diphenhydramine

MISCELLANEOUS

Phenytoin
Carbamazepine

Approved by: Dr. Evelyne Chiakpo, MD FAAFP